

**Prayer** – *Merciful God, forgive me for the wrongs I've done - known and unknown, intentional and unintentional. I am truly sorry. Help me to mend what is broken, and guide me in returning to you. Show me how to love others as you love me. Amen.*

### **REMEMBRANCE OF GRIEF AND TRAUMA**

Another way in which we can suffer is through painful things that have happened to us in life. This could have been through losing loved ones or surviving traumatic and painful situations.

**Instructions** – During communion, in the back of the sanctuary, light a candle in remembrance of your loved one, or any honor of releasing any trauma that holds you captive.

**Prayer** – *God of grace, you do not distance yourself from the pain of your people, but in Jesus you bear that pain with all who suffer. Help me to remember always that neither death nor life, nor things present nor things to come, will be able to separate us from your love. Bring healing and strength in the midst of our grief and mourning. Amen.*



## **Service of Healing & Renewal in 3 parts**

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### **ANOINTING WITH OIL**

This sign of healing reminds us that we are sealed by the Holy Spirit and marked forever with the cross of Christ, who is health and salvation for the whole world. We celebrate God's presence with comfort in times of suffering, God's promise of wholeness and peace, and God's love embodied in the community of faith.

**Instructions** – When you come forward for communion, Pastor Christie will come around to offer anointing with consecrated oil and a blessing.

**Prayer** – *Healing God, send your Holy Spirit upon me. Drive away all sickness of body and spirit; make whole that which is broken; and bring me comfort and peace. Amen.*

### **BURNING OF CONFESSIONS**

Sometimes, we can carry guilt and shame with us, allowing this to get in the way of healthy relationships with God and one another. Tonight, we confess our past misdeeds to God using the powerful symbolism of fire.

**Instructions** – Write down anything you wish to confess on a blank piece of paper. During communion, light your sins on fire at the mini campfire in the back of the sanctuary, and place the burning paper in the metal bowl.